

2020-21

Swachhata Sanitation

ORGANIZED BY : YOUTH RED CROSS

DATE : 25 AUGUST 2020

COLLEGE PREMISES AND ALL ROOMS WERE SANATIZED AND
CLEANED



Plantation

ORGANIZED BY : YOUTH RED CROSS/NSS

DATE : 28 AUGUST 2020



Online Webinar on AIDS Awareness

ORGANIZED BY : YOUTH RED CROSS/NSS/RRC/IQAC

DATE : 15 DECEMBER 2020

RESOURCE PERSON

- 1. PROF. S.K. AGRAWAL CONVENER YRC**
- 2. DR. R.P. SHARMA ASSTT. PROF. BOTANY**

AIDS IS CHRONIC POTENTIALLY LIFE THREATING CONDITION CAUSED BY THE HUMAN IMMUNO DEFICIENCY VIRUS (HIV) BY DAMAGING IMMUNE SYSTEM OF HUMAN BODY.

HIV INTERFERES WITH HUMAN BODY'S ABILITY TO FIGHT INFECTION AND DISEASES.

PREVENTATION OF AIDS IS THE BEST 'CURE FOR AIDS'.

RESOURCE OF THE SPREAD OF HIV

1. USE OF INFECTED NEEDLES
2. RE USE INJECTION
3. USING AN INFECTED RAZOR
4. UNSAFE SEXUAL RELATIONS
5. THROUGH INFECTED BLOOD
6. BY MOTHER TO BABY BY PREGNANCY LABOUR OR NURSING.

Online Webinar on AIDS Awareness



Online Webinar on Anemia Cause's Symptoms Effect & Treatment

ORGANIZED BY : YOUTH RED CROSS/IQAC

DATE : 16 FEBRUARY 2021

RESOURCE PERSON

- 1. DR. A.K. SANYAL. SR. DR. C.G. HIGH COURT**
- 2. DR. CHANDRAKAR CHC BILASPUR**

1. A CONDITION IN WHICH THE BLOOD DOESN'T HAVE ENOUGH HEALTHY RED BLOOD CELLS.
2. CAUSES –
 - i. BLOOD LOSS
 - ii. LACK OF RBC PRODUCTION
 - iii. HIGH RATES OF RBC DESTRUCTIONS.

Online Webinar Anemia Cause's Symptoms Effect & Treatment

ORGANIZED BY : YOUTH RED CROSS/NSS/DEPTT

DATE : 16 FEBRUARY 2021

SYMPTOMS

1. FATIGUE
2. WEAKNESS
3. PALE OR YELLOWISH SKIN
4. IR REGULAR HEART BEATS
5. SHORTNESS OF BREATH
6. CHEST PAIN
7. COLD HANDS AND TEETH

TREATMENT

1. FOLLOWING A HEALTHY DIET.
2. DRINKS ENOUGH WATER TO STAY HYDRATE
3. EXERCISING REGULARLY
4. WASHING YOUR HANDS OFTEN TO AVOID INFECT
5. TAKING GOOD CARE OF TEETH
6. TALKING TO DOCTOR ABOUT ANY CHANGING SYMPTOMS

